**Somatoform Disorders**

**Somatoform disorders** include persistent psychological problems that result, or are converted into physical disorders and symptoms

**Types of Somatoform Disorders**

1. **Hypochondriacs** have a strong, unjustified fear of having a physical illness resulting in the person believing he or she is sick
2. **Conversion disorder** occurs when a person experiences blindness, deafness, or other sensory or motor failure without a physical cause

Causes:

**Hypochondriacs** – learned behavior, more sensitive to changes within the body, and jump to the worst case

**Conversion disorder** – extreme stress reaction to an unpleasant situation  for conversion ie….fear of going to war, so they can no longer walk...the loss usually solves a problem…but they are not faking it…almost an EXTREME defense mechanism

extreme stress